

**Youth Crisis  
Center, Inc.**

# Big Deal News!

Because serving Casper's youth is a  
**BIG DEAL!**

**Volume 2,  
Issue 1**

**July 2020 - Sept  
2020**

## Building Services & Meeting Needs of Youth:

### *YCC's NEW Day Resource Program*

In September, the Youth Crisis Center, Inc. began the adventure of providing new services to help youth in Natrona County achieve success. Youth who cannot attend school during the day or who are enrolled in online schooling will receive education, social/emotional groups, support group, art therapy, Cowboy Ethics, family support services, and access to additional support and referrals!



### What is the day resource program?

The day resource program is a brand new program that provides educational and behavioral health supports to youth 6th-12th grade when they cannot be in school during the day.

### Who can attend?

Currently the Day Resource Program is open to youth in our crisis shelter or group home who are not able to attend traditional school day setting.

### What is so great about a day resource program?

The purpose of this program is to assist youth with academic success by supporting their educational development and teaching them coping skills, problem solving, emotional regulation, and other supportive skills that can help them maintain in school and better manage the challenges they are facing. Together with the Natrona County School District, we will work with youth to help them return to school successfully and with as little academic disruption as possible.

### What is next for the day resource program?

Over the next year, we hope to expand services to meet the needs of youth throughout the community. As we expand services, we hope to provide this program to youth who are not enrolled in our crisis shelter or group home, helping even more youth and families find success!



## **Big Deal Donors!**

Our donors make  
**LIFE CHANGING** donations!  
Thank you to all those who gave to  
YCC from July 2020 - September  
2020!

Christ United Methodist  
Church

City of Casper

First Interstate Bank

Gary & Peri Lathrop

GW Mechanical

Natrona County

Commissioners

Rochelle Law Office

St. Mark's Episcopal Church

United Way of Natrona  
County

Wayne & Vickie Johnson

Zimmerman Family  
Foundation

**THANK YOU!**

**YOUR SUPPORT IS A BIG DEAL  
AND MAKES A BIG DIFFERENCE!**



This summer, the YCC Group Home Residents requested to build and maintain a garden. With the help of several donations and a great team to help the residents, **THEY DID IT!** They planted, weeded, watered, and protected the plants. Youth made special requests to be responsible for watering and maintaining their garden and the effort paid off! We are excited to use what we learned this year to make next year an even bigger success!

## Planting Seeds of Success

**Want to CHANGE the LIVES of more than 600 youth this year?!**

**Support the Youth Crisis Center!**  
**Due to covid-19 restrictions the Youth Crisis Center, Inc. canceled our annual fundraiser.**  
**We still need your support to serve more than 600 youth and their families in the coming year.**

**Your support can...**

- ~ Help make over 8,000 meals ~ Give more than 600 rides to school ~ Provide over 2,000 hours of homework help ~ Offer more than 200 hours of group counseling ~ Build nearly 100 safety plans ~ Provide over 1,000 referrals to community supports ~ Offer more than 600 hours of life-skills and support groups ~

**To become a sponsor or learn about other ways to give, visit: [www.casperycc.org](http://www.casperycc.org)**

# Grief, Loss, & Separation Group

(Written by Jo Opitz - Student Intern)

This year we started a brand new service for youth in the center: Grief, Loss, and Separation Group. In this group, youth are learning about grief as a natural reaction to loss and how it is normal to feel overwhelmed with emotion. Coping with loss can be one of the most challenging things we encounter in life. If we take a moment to stop and reflect on our lives, we often realize we experience loss much more often than we think. Many of the youth we serve at YCC have experienced repetitive loss. The first time we met, the group came up with more than 20 different types of loss! And in group youth have been able to connect some of the emotions they feel around that loss such as anger, numbness, emptiness, and powerlessness.

To help the youth understand the impact of loss, one activity included cutting out words and pictures from magazines and then making a group collage. This activity really pointed out how relationships often break down during grief, loss, and separation. Youth identified this may be due to loss of trust, divorce, and death. One youth identified grieving the loss of a relationship he never had but wished that he had.

During group, youth build and practice empathy with each other as they share their experiences and hear about other's experiences. One of the best parts of this group is when the youth learn from one another. They have taught each other new coping skills and helped each other identify losses they may not have even been aware of. We look forward to continuing to provide this group and help youth learn to cope with their grief, loss, and separation.



## WELCOME TO THE TEAM!

We are excited and proud to announce this quarter's newest team members!

Jo. O. - Student Intern  
Maddison R. - Student Intern  
Tyler C. - Youth Worker  
Mariah R. - Case Manager

**SO GLAD TO HAVE YOU!**

## Team Member Spotlight

(Written by Pam Mann - Staff and Safety Supervisor)

**Michael H. - Youth Worker**  
*Making a Difference Every Day*

Michael has been working at the Youth Crisis Center for the past year. Michael is hardworking and dedicated to the youth we serve. He shares his love of card and board games with the youth and is eager to teach any youth who show interest in learning new games. Over the past few months, Michael has been taking on the added task of organizing and rotating our books and games in the center. He is extraordinarily flexible in covering shifts and tackling any task he is given, including cooking a delicious and nutritious meal, assembling furniture, or helping a youth find a new book to read. Michael is great to have at YCC, and we are glad he is on our team!

Don't forget to "like" us on Facebook

@casperyouthcrisiscenter







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## YOUTH CRISIS CENTER, INC.

Phone: 307-577-5718  
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*Providing emergency shelter, crisis intervention, and group home services to youth and their families.*

Visit our website:

[www.casperycc.org](http://www.casperycc.org)



United Way  
of Natrona County



# 2020 4-H & FFA Livestock Auction

On July 11th, YCC participated as a benefactor at the 4-H & FFA Livestock Auction. The donations from this auction fill our freezers with meat that will help to feed youth all year!! This year we were so grateful to receive enough meat to fill all of our freezers! PLUS, our friends at **Meals on Wheels** are letting us borrow some of their freezer space!

These donations couldn't have come at a better time; just a few months before the auction we had completely ran out of beef and received a generous donation from our friends at **Seton House** to help get us through a few months until more meat could arrive.

We are so grateful to all of the donors, the incredible 4-H & FFA youth, the Central Wyoming Fair Board & Staff, Seton House, and Meals on Wheels for the support this year!

## Thank you!

**The Youth Crisis Center staff, board, and youth are extremely grateful to the Central Wyoming Fair Board & Staff, the many wonderful 4-H & FFA programs, the amazing youth, and the generous donors who supported the many charities in Casper!**



Touching Our Community Star Tribune  
COMMUNICATIONS  
WYOMING'S NEWS SOURCE

**Thank you to those who donated to YCC at this year's 4-H & FFA livestock auction:**

- Brenton and Family
- Donna Kennedy
- Ed & Debbie Atchley
- First Interstate Bank
- Fremont Motors Casper
- Granite Peak Group
- GSS/TP and L Heavy Haul & Crane
- Hilltop National Bank
- McMurry Foundation
- McMurry Ready Mix
- Oates Enterprises, LLC
- Platte Valley Bank
- Roman and Erin Gazda